



21ST ANNUAL FALL SCIENTIFIC MEETING OF SMSNA

Disclosure statement

"I have no relevant financial disclosure or conflicts of interest with the presented material in this presentation".





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"New cognitive behavioral treatment for delayed ejaculation using a masturbation aid device and mobile app: A case study"

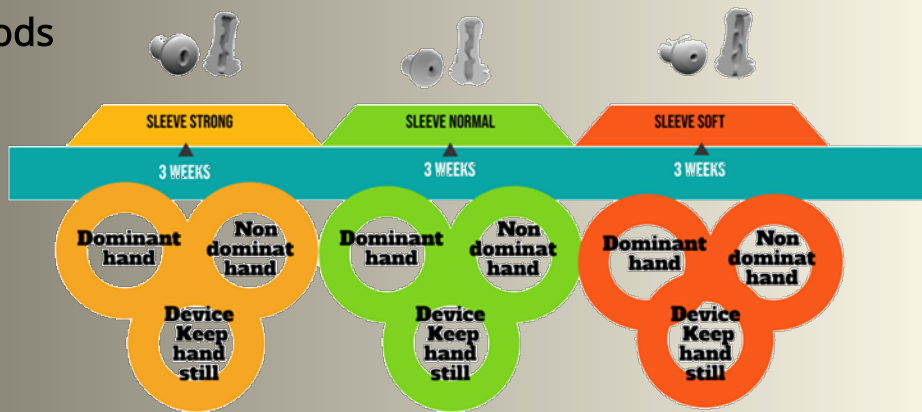
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Aims

Our aim was to examine the potential effectiveness of a new cognitive behavioral treatment for DE which uses an exercise apps program in combination with an electronic masturbation device with 3 types of sleeve.

Methods



21ST ANNUAL FALL SCIENTIFIC MEETING OF SMSNA



Results

First intercourse successful was in week 4 of treatment, the last 3 weeks of exercises he was able to ejaculate inside his partner 100% of the time in less than 15 min; the percentage of intercourse successful during month after finish protocol exercise was 81%.



% Ejaculation during intercourse successful <15 minutes



0/3 <15 MINUTES hand



3/5 <15 MINUTES



4/4 < 15 MINUTES





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Clinical and Scientific Significance

Patients suffering from ejaculation disorders have increased rapidly in recent years in our clinic.

This treatment could be a suitable alternative when the cause of DE is a masturbation style that cannot be replicated with a partner using her hand, mouth, anus or vagina.

This factor has been frequently reported in DE primary psychological cause. Further research is needed to establish the effectiveness of this new treatment for DE.

